

## **Compassion Fatigue: Healing the Tired Spirit (9/13)**

**Presenter: Gloria Tipton, Ed.D., LCSW**

Professionals who provide care to those who suffer from the negative effects of working with traumatized/troubled clients, commonly known as Compassion Fatigue, suffer from second-hand trauma. This workshop offers professionals desiring to better prepare yourself to meet the needs of traumatized people within a Christian context of an evidenced based approach. Participants will gain the following:

1. To recognize, assess, and treat the effects of Compassion Fatigue in the lives of care-givers.
2. Are introduced to three clinical compassion fatigue scales for pre-assessment and follow-up evaluation of treatment interventions.
3. Will understand the causes of Compassion Fatigue and how to distinguish it from burnout.
4. Understand the high-risk factors for Compassion Fatigue.
5. Understand and develop resiliency skills to prevent Compassion Fatigue.