

## Step into the Arms of God

We are steeped in God but it takes so long to realize  
that the God we make in our own image  
is too small a God on which to waste our lives.

God is the energy of the Universe,  
the Light of every soul,  
the eternal kaleidoscope of possibility  
that surrounds us in nature.

The face of God is imprinted  
on the face of everyone we see.

God is not one of them,  
and God is more than all of them  
but without them,  
we miss all the tiny glimpses of God  
we're being given on the way.

The spiritual life is about love, not law:  
it is about grace and energy,  
the cosmos and creation.

It is about hope at the edge of despair  
and a beginning  
where only an end seems to be.

It is about dailiness raised to the level  
of the ultimate assurance  
that God is with us.  
it is only up to us to be with God,  
to *Step into the Arms of God*.

- From a spiritual memoir  
by Joan D. Chittister, OSB