

Appendix 5

A Vision of Life Energy*

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This paper presents a vision received by the author while in prayer asking the Lord questions about generational inheritance. The deep fluid light energy, experienced in the vision as undergirding and instructing all created being, was given the name life energy. The paper describes the vision and outlines a pattern of praying for physical healing which emerged from insights gained through the vision.

Introduction

This paper articulates the first part of a vision-journey received by the author, in three parts on three different occasions, as she was praying, together with a co-therapist, regarding generational healing issues. The team of co-therapists were in mutual consultation reviewing generational healing aspects of therapy with individuals and families. At the time that the vision process began, the team was addressing the Lord with questions about how to understand inherited memory, as it seemed that patterns of thought, image; emotion, and relating at times were best explained by rootedness in ancestral memories. As the co-therapists prayed in the name of Jesus Christ and asked the Trinity questions, e.g. "How are ancestral memories or effects transmitted?," the following vision-journey began.

This first paper on this vision attempts to describe the vision and to outline instructions about using insights gained through the vision, in prayers for physical healing. Future papers will detail other dimensions shown in the vision and will relate specifically to generational healing and healing relationships.

This vision was given 11 years ago in 1981. Since then, it has been spoken a number of times in workshops and conferences, as a means of testing its effect and fruitfulness. Each time, persons have expressed the healing effect of hearing the vision and some have found the 'skeletal' directions for prayer proceeding from the vision, to be effective.

Description of Vision of Life Energy

The journey into the vision which brought the knowledge of life energy began as my coworker and I sat in prayer seeking to understand the nature of injury and its inherited quality. My mind turned to what I knew from my study of genetics in college and I was thinking of the cell, genes, chromosomes, DNA and RNA, and other aspects of genetics, I "saw" a remembered impression of them and asked how does an injury become inherited, when I became aware that I was on a journey within. It was a shift in awareness that did not startle me and I was being led, as if by the hand, and I knew my hand was being held gently by the Holy Spirit. The Spirit called me on to continue inward and I know that I agreed to go. As I went inward, I lost the ability to describe what was happening or where I was and even now I can not put into words the totality of what I experienced. I had no words then for part of it, and have no words now. It has taken much time in His presence to be able to formulate the following description of life energy and to convey the insights gained through the vision.

I was aware of the room and where I was and of my co-worker's presence there, but this awareness faded to the periphery of my consciousness as I allowed the Holy Spirit to take charge of my focus. I meet deep frustration at my own limitations and of the one dimensional aspect of the written or spoken word as I struggle to convey the journey-vision that I made. My awareness was expanded beyond anything I had known - before or since. I was aware in every direction in a sphere around me and in between the directions outward. I had a sight that is so beyond my human sight that it defies my attempts at description as does the feel of it and the sound of it.

What I "saw" and "knew" happened simultaneously and yet I can relate it only one part at a time. I suggest that you read this and then return to yourself and try to imagine this journey happening part overlaid on part.

I was within a cell and I was within many cells. They had similarities and yet out of their function they were different. I was in different parts of each cell and at the same time I was within a cell and within a part of a cell. I was within many parts of the same cell at the same time and I was aware of my movement deeper and further into the component parts of the parts of the cells. I felt I recognized some parts as I moved inward and enjoyed the awareness of what was yet beyond. As I moved inward into the depth, I sensed that I had moved beyond my knowledge, obtained in study, and later beyond the knowledge that man has obtained. It seemed at first rather matter of fact as I recognized a chromosome, a gene, an RNA or DNA molecule, and Golgi body, etc., but soon the sense of awe overcame me and I had no words. I moved on, inward, inside and again inside, deeper and further. I was moved beyond knowledge to places yet undiscovered and in each structure that I entered, within each structure, I saw what I was later to call life energy.

Any of my attempts to describe are feeble in the presence of the memory and yet, I know that even my memory has dimmed in order to live with the awesomeness of what I experienced. I saw a brightness that was of an intensity that I had never beheld - a light beyond the light of day. The intensity was such that it was beyond my human eye's capacity - yet I saw it with a vision given me there. Its brilliance did not hurt, but rather called me to enter. It has most reminded me of the rays that our human eye cannot perceive to distinguish, but which we can measure scientifically. As I moved inward, the light energy was everywhere - in between parts and in parts, and in between parts within parts. It was beyond the energy that we measure within our body and yet it was within that energy also. It seemed liquid to me for it flowed. It was not contained in a structure and yet seemed to be structured in formulating specific organs and attributes. It was and moved in all dimensional planes. It was all around me, in all of me, yet I in it. I could not comprehend it then or now. I "knew" that it was not confined to the physical realm of our being, but was between and within mind and emotion as well as within spirit. As I understood that, I was aware of the cohesive nature of the brightness that I saw - it moved to and fro, in and out of the three aspects of my being - of each of our beings. It was clear to me then as it is now (and as others have long proclaimed) that we are three dimensions in one - the physical, the mind/emotion and the spirit. They are the terms I received and clarify for me the confusion in using the term soul. The bright, light liquid substance was in all, between all, moved from one to the other and held the three together to form the being that is each of us. It unifies each and each to the other, and it is the conveyor of life. I was given the term life energy to name what I experienced.

On my journey-vision, I entered the brightness and I experienced for a moment a warmth and unity that caused me to know a oneness with myself as creation and with my Creator and I knew I had encountered God in that brilliant, intense, yet safe, warm light. I was immersed in a musical sound of a harmony beyond any I had ever heard. Only for a moment did I know and experience this, yet that brief knowing as I returned to ordinary consciousness, left me bereft in a deep region of myself where I long to return to that knowledge of perfect union with my Creator. I could not stay there for my being could not withstand the intensity, but I knew and I know, though dimmed now to withstand the sorrow, that is how it was when I was a thought in God's mind, that it is the restoration of this union that I am about with my God, my Godfather, my Godmother, my Creator. As I was a thought created in His mind, I received my "God in Man" and it was perfect. As I have moved into physical creation on this plane, I moved down through generations of sin and injury that altered my life energy. It is there, but it is altered and the loneliness within that I experience beyond human sharing and knowing is a call of that life energy to be perfectly restored to union with my Creator. It is the deep longing within my being that moves me toward healing and restoration with Him.

I come, in my awareness again and again, to the awesomeness of moving through parts in our physical dimension and in the same moment moving in the dimension of our mind/emotion that has no physical form, yet is part of our being, and in our spirit dimension through which life energy unifies each of us into a unique being. Each dimension, physical, mind/emotion and spirit, is unique to the being they join to create. I was everywhere at once and in each place at the same time. The continuing overpowering presence of these realities still causes my abilities to receive and convey them to blow a fuse and I weep in the presence of the journey-vision. I cannot contain it and I cannot now lose it. It has become part of me and I of it. I was and am aware of my smallness in the presence of all I saw and am drawn to wonder time and again why it has been entrusted to me - one so small. It humbles me and I weep in the presence of my Lord. What am I to do with it, Lord? Guide me, tell me, show me, lead me. It is only a part of your vastness but I will be obedient to that Part.

Praying for Life Energy

From the awareness that life energy is in all parts of our being and that it moves in a continual flow throughout our being connecting us with the Holy Spirit and the Triune God, the following comes:

Scripture tells us that God, in the time of creation, gave mankind dominion over all things. If we were given dominion over all creation, the ability to think and to choose and to will, it seems to follow that in union with the Lord we are also granted, to a far greater degree than we exercise, dominion over ourselves. When life energy is injured, we lose a sense of who we are and a sense of how to function in the manner in which we were created to function. In this condition, we are alienated from God, from each other and within ourselves. At a deep level, the alienation within ourselves, coming from an injury to life energy, causes part of ourselves to separate from other parts while yet remaining within ourselves. We see this clearly in persons struggling with personality disintegration, and it is reflected in diseases where the body begins to function in ways harmful to itself.

As we have prayed about and discussed this separation within our being, there has emerged a hypothesis about a way to pray for physical healing that parallels how we might also pray for mind/emotion healing and spiritual healing.

We are given authority over the created. Dominion means authority, but proper authority, in the sense of caring for, protecting, and properly using. Unfortunately, we often use authority to control and destroy.

An injury to life energy, whether it be generationally cumulative or traumatic, one that has the effect of separating life energy assigned to certain functions of being, causes the injured part to be hindered in hearing how it is to function. What remains is the sense that it is to function and some ability to function, but the how to function is clouded, distorted or destroyed (as with scattered parts).

For example, in the case of allergies, at times some cells in the body begin to react to a stimulus from the outside as if it is an enemy attacking and destroying. Often a substance which is helpful to the system is rejected, the by-products of the reaction are themselves harmful to the body. The ability to discriminate and respond appropriately is impaired or out of balance.

Another example is cells which become abnormal in structure and begin to multiply rapidly (cancer cells). Some ability of the cells to function remains, i.e., that they are to reproduce, but other aspects are distorted, i.e., structure of the cell and rate of reproduction. The "communication" within the cell and the cell to the higher order system is out of proper order, although some kind of communication is proceeding.

I want to return now to the design and purpose of life energy which is to communicate within ourselves the knowledge of who we are and how we are to function. When life energy is damaged or interfered with, messages are sent and received incorrectly, blocked or distorted. Some of our life energy remains in communion with God for we are alive and functioning, though out of balance and malfunctioning.

In the dominion that God has given us and in the ordering of the line of authority, a way in which to begin to take authority over what is out of order emerges. The line of authority through which life energy communicates our proper "being" is Godhead (Trinity), Holy Spirit (within the Trinity), to human spirit then throughout our being (spirit, mind/emotion and physical body). Within each (spirit, mind/emotion, physical body) life energy flows connecting all to all, instructing and ordering. In an area that is restricted for any reason, and the message is not received correctly, function, well-being, and order can be disrupted. It is my premise that a person, given authority in the name of Jesus Christ, can cooperate to correct some of the difficulties. In an ongoing prayer position with Jesus Christ and focusing on the physical body, I see a way to begin.

Calling myself into a stance of responsibility and authority, I begin by (1) focusing on the connection between God and myself through the power of the Holy Spirit, (2) acknowledging the gift of life, and (3) showing appreciation and gratitude and thanksgiving for my body and the incredible creation that it is.

I now turn to myself. In this, I focus on my body and acknowledge to it the gift that it is, express appreciation, gratitude and thanks for the way it has functioned.

Then I seek out the system that is malfunctioning and begin to communicate, to talk to it, acknowledging that I am aware that it has continued to function under adverse conditions and to perform tasks assigned to it, and that I appreciate the effort and steadfast way in which it has operated. I tell it I am now aware that something is "out of order" in its world, and, though I do not

know how to instruct it so that its original function and order can be restored, I can help by calling it into proper order so it can hear the communications that it needs to function to its best advantage, and in its proper relationship to "my whole being."

I instruct the life energy present in and "assigned" to the specific system to listen to me through the channel of my spirit in communion with the Holy Spirit, to return to the Trinity for restoration and

instruction in its goodness and purpose. I tell the cells and their life energy that they are to listen to the Trinity for clarification in how they are to perform their tasks, rather than to any other source from which they have been taking their "orders".

Whenever I do not know something, I acknowledge I do not, but reassure the cells that in the Trinity (Father, Son and Holy Spirit) the knowledge needed can be obtained and that the restored life energy can carry instructions to the system and to the parts within the system for correction and order and function.

I have found this pattern of prayer effective in restoring the functioning of sensory nerve flow in my arm after the nerves were severed by a knife wound. I can now feel hot and cold and touch where I could not after the knife wound.

Within a system (in a person), life energy can be so shattered that it cannot respond to instructions or it may have been functioning so long on its own (through separation) that it does not recognize or respond to the new instructions. It has, in some sense, no memory of interacting with God. Each injury has a different difficulty to overcome, but (my sense is) that if aided by the life energy that is flowing (moving) between the person and the Trinity, it can be gathered up, carried, led, or assisted into the connection or "stream" needed for communion with the Creator.

If a person has a sense that the injured system (and life energy) is refusing to respond, and misperceives as they pray for and instruct their own life energy, there is a strong possibility that the life energy is captive in some way, either generationally or in the person's memories, and prayers for identification of the source of captivity and release will be needed before the life energy is free to respond and function as it was created to do.

Conclusion

This brief description of the vision and an outline of how to pray for physical healing, using insights gained through the vision, is a first attempt to publish this journey in words. More detail and applications to other areas of healing e.g. generational healing and healing relationships will be in future papers. The reader is encouraged to prayerfully reflect on the imagery given here and to seek the Lord's direction with it.

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