

Foreword

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Be-loved Ministry

"I am certain that after the dust of centuries has passed over our cities, we, too, will be remembered not for victories or defeats in battle or in politics, but for our contribution to the human spirit." -- John Fitzgerald Kennedy

Dr. Charles Zeiders' writings stand as powerful contributions to the human spirit. In most of today's world the practice of modern psychology is severely handicapped by steadfastly separating body, mind, and spirit. His writings lift this veil of fear and misunderstanding by presenting a viable and effective alternative. Several years ago I was employed as a psychiatric nurse in a large Veteran's Administration hospital located in the Midwest. Group therapy sessions were scheduled each week with the intention of uncovering the underlying cause of the patients' mental problems. The clinical staff was instructed to discourage any discussions of spirituality during these gatherings because they presented an obstacle to recovery. It saddens me that I can recall very few lasting breakthroughs for those troubled souls. Dr. Zeiders refutes this form of therapy by demonstrating the beneficial effects of healthy spiritual experiences. He cites the copious amounts of scientific data that give strong arguments for the inclusion of spirituality in treatment plans. *The Clinical Christ* is a radical departure from today's demystified form of analytic psychiatry and psychology. The insights and examples gleaned from Dr. Zeiders' professional experience are sure to bring renewed hope to all who seek to discover true wholeness. I believe his writings will open the door to a fresh wind of the Holy Spirit in the mental health field.