



Spring
Issue
2009

InterACT

The Newsletter of the Association of Christian Therapists: A fellowship of Health Care Professionals and Associates

DATEBOOK...

ACT International Conference

September 17-21, 2009
Jacksonville, FL
Healing Through Social Justice: Meeting Jesus in the Marginalized
"For I, the Lord, Love Justice" (Is 61:8)
Wyndham Riverwalk Hotel
www.ACTHeals.org
703-556-8729
Contact: Nicole Ritchey

ACT Regional Retreats

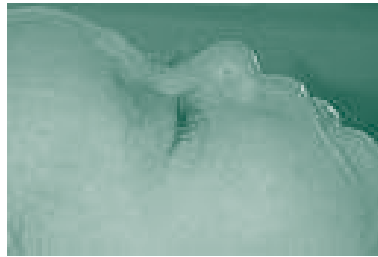
Region 12
May 29-31, 2009
Fr. Robert Faricy, SJ
Cheryl Nguyen
Benedictine Abbey
Benet Lake, WI.
Contact Nancy Skuble
(630) 833-8971
Barbara Carlo
Bjcar60@sbcglobal.net

Regions 21/43

July 10-12, 2009
Rev. Richard McAlear, OMI
Vina de Lestonnac
Retreat Center Temecula, CA
Contact Al Nyland
(626) 795-1233
Albert_nyland@msn.com

Hold the Date!

Oct 6-15, 2009
Pilgrimage to Assisi
Chaplain Fr. Joe Scerbo, SA
Contact: J. Dodson
905-335-6902
jenniemdodson@yahoo.com



SAFE HARBOR

Hospice for Pre-Born and Newborn

Major birth defects, most of them detectable prenatally, are the most common cause of perinatal death. The anguish and grief for the family can be overwhelming. Parents describe feelings of isolation and abandonment, a perceived lack of response on the part of the medical community and an absence of people with whom they can discuss their feelings. Resources are sorely needed for this population.

Alexandra's House is one such resource. Founded by Patti Lewis, after the death of her niece from a malformation disorder and named for the child, it is a Hospice and Infant Refuge which cares for terminally ill babies and their families. After her personal experience Patti, a cardiology nurse, decided to offer Hospice care, working out of her own home. The program grew into a safe harbor, with its own house, accepting referrals from many practice. Volunteers are available to accompany mothers on prenatal visits to Doctors and attend labor and

delivery when requested. Babies, who survive, along with their family, are brought to Alexandra's House for up to 12 weeks of residential care. Follow up care is available for a minimum of three years. The basis of Alexandra's House is simply Christian love, mercy and service. The staff's mission is to give meaning to families' suffering and aid in their healing. The child is truly acknowledged, no matter how short a life. Baptisms or Blessings are planned, photos taken, mementos saved. Bereavement services are provided and funerals are even paid for if the family cannot do so. There are follow up retreats, gatherings, respite care and support groups.

Cicely Saunders, the founder of the Hospice movement stated, "There is never a point where one should do nothing, nor a time when nothing can be done." Alexandra's House attests to that. (Adapted from an article by the Catholic Health Association.) (www.alexandrashouse.com)

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Dear ACT Community



I just returned home after an exhilarating and deepening ACT Northeast Conference (March 26 – 29 - 2009). There, amidst expressions of deep appreciation for ACT, a familiar lament was spoken to me, “Why is ACT such a well kept secret?” This was spoken from the enthusiasm of a person new to ACT who was being blessed by good teaching, profound healing and loving fellowship.

I also noticed ACT members actively communicating ACT to those new to us, clearly manifesting, “We do not want to be a secret. We want ACT to be known.” Applications were disappearing from the table. Conversations about membership were being engaged. Members were sponsoring non-members into membership. I was drawn into conversations with doctors and nurses about how to communicate ACT to their colleagues in clinical practice.

There was also in this conference a deeply satisfying ecumenical mutuality, manifest hunger to know each other and appreciate each other in our denominational diversity. I could actually hear the angels singing with us, a magnificent chorus glorifying God.

ACT is about healing healers and equipping Christians in healthcare and lay persons, with a heart for the healing ministry of Jesus, with spiritual growth, mentoring and the understandings and tools needed to more fully manifest the healing presence of Jesus in our clinics, hospitals, churches, etc.

This is a pivotal time in ACT. We, the current membership, stand between a legacy of experience and friendship and the, yet to be reached, next generations of ACT. We are 50 - 60% over 60 years old. Now is the time to look forward to imagine the future of ACT to which God is calling us. Now is the time to reach out to our younger colleagues in healthcare and to younger Christian seekers to listen to their hearts and concerns and to communicate the essence of ACT to them at their point of need.

Now is the time!

Doug

Douglas Schoeninger, PhD
President ACT

SPOTLIGHT: HELEN BETHEL, PHD

I had the privilege of being Governance Council Chair when Helen was ACT Board President. Helen manifests a deep love for ACT and a determination to discern God’s movement and leading of ACT. Thus during her tenure she called the Board to prayer, to listening and discernment and to honoring the Eucharistic presence of Jesus in ACT. She felt deeply any divisions that threatened ACT’s health and she tended the spiritual roots of our vulnerabilities and our healing needs as a body. She also honored the administrative gifts of others and worked in close team with the Governance Council so that the discernment, worship and planning functions could work hand in hand. It was during her presidency that we launched a renewed strategic planning process. Helen has also consistently and tirelessly devoted herself to the personal healing of ACT members and to training and mentoring others in healing prayer. Helen’s heart for ACT and for its mission and her love

for ACT members was, is and remains steady and full. (Doug Schoeninger)



Helen now resides in Mexico where God has led her to live and work with the poor. She remembers a time when she and Eddie, her spouse of beloved memory,



EDITOR’S NOTE

Gloria Doino, MA

Behold... Christ has Risen! We have before us a year of Sundays waiting for us to mine the riches of Easter. Be glad and rejoice. Dream dreams. Include ACT in those dreams. Share your dreams with InterACT. For starters, may every ACT member send a news release to a local newspaper about the 2009 ACT International Conference. Let ACT be a secret no more! Meanwhile, enjoy this issue. “Discern” with Sr. Betty, “Learn” with Denise and “Remember” with Karen. And as you do, may you be “immersed, enkindled and anointed by the Holy Spirit and his Holy Gifts”, as in the days of Pentecost.

were vacationing in Mexico and a craftsman was persistently trying to sell them his wares. Helen remembers turning him away by offering him a penny in jest. That night she felt the Lord convicting her heart for turning away the vendor and embarrassing him. At that moment the Lord awakened in her a desire to help the poor and she has answered that call by doing workshops, selling her artwork and doing fundraising for the poor, especially orphans. Through it all she has found that God cares for her. “No matter how much you give”, says Helen, “you can’t out give the Lord.” For more about her work e-mail Helen at: HelenBethel@live.com.

InterACT NEXT DEADLINE: July 1, 2009 (Summer Issue) storysunday@optonline.net (Editor’s Desk) Mention InterACT in the subject line. All submissions subject to editing.

Association of Christian Therapists
2009 International Conference

September 17-21, 2009
Jacksonville Wyndham Hotel
Jacksonville, Florida

**HEALING THROUGH SOCIAL JUSTICE
MEETING JESUS IN THE MARGINALIZED**

“For I, the Lord, Love Justice” Isaiah 61:8



Francis MacNutt, Ph.D and Judith MacNutt, Ph.D

Francis and Judith are co-founders of Christian Healing Ministries. The desire of their hearts is to bring Healing Prayer back to its rightful place among Christians. Francis is the author of the classic, HEALING. Both he and Judith, a Christian Psychologist, are noted speakers on the topic. Francis is one of the founders of ACT.

Michael Brescia, MD

Dr. Brescia is Co-founder and Executive Medical Director of Calvary Hospital, NY, the only hospital devoted exclusively to the continuum of care of advanced cancer patients. He currently oversees Calvary's expansion to other acute care hospitals. He is a tireless advocate for the sanctity of life.

Dale Racinella, JD

Mr. Racinella, a magna cum laude graduate of Notre Dame University School of Law, is the author of "The Biblical Truth about America's Death Penalty". He has served for 12 years as a state-certified Spiritual Counselor and Catholic Lay Chaplain in Florida's Prisons. He ministers cell-to-cell on death row.

Susan Racinella, Psy.D

Dr. Susan Ward Racinella has a specialty in working with the severely mentally ill. Senior Psychologist and Director of Psychological Interns at Northeast Florida State Hospital, she participates, as well, in death row ministry by ministering to the families of inmates on deathwatch.

DISCERNING CREATED ENERGIES

EDITED FROM A CONDENSED HANDOUT GIVEN AT ACT CANADIAN CONFERENCE

Sr. Betty Igo, MEd, MSPC, SFP

Since I have spent this weekend on “the Uncreated Energy of the Trinity’s Presence”, it seems appropriate to spend some time on discerning “created energies” such as the Reiki energies. I have sought out the Lord many times on the topic of Reiki, an energy-based therapy that originated in Japan. I have talked at length with clients and friends who studied Reiki. This article is the result.

A number of people expressed concerns about what they described as the dark energy in Reiki. One woman who studied Reiki felt uneasy with parts of it and felt led to re-consecrate her life to Christ as Truth and asked Him to cleanse her of anything that did not witness to Him. By so doing she was able to continue her massage ministry and now is happily focused into sending the Resurrected Healing Energy of Jesus Christ into those she works with. She is at peace and reports even greater results in ministering under her new focus.

A psychologist reported to me that one of her friends became increasingly troubled and depressed as she got deeper into Reiki. Upon further investigation, it appeared to me that her friend was not willing to “give up” the Role and Status of being a Reiki Master, while she was feeling low in her own self-esteem. Any suggestion that created energy might be contaminated resulted in defensiveness on her part. Some of those who have studied Reiki have told me that all the steps are not given in the first two plateaus. They felt that the third weekend, to become a Master of Reiki, had such dark energy about it that they discerned that they had to leave, although they suffered a huge financial loss in doing so. If you want to learn more about the origins of Reiki, ACT member, Fr. Bob Sears has done an in-depth article called [The Usui System of Reiki Healing](#). (See footnote 3) In new techniques of healing it is well to inquire: Where does this energy stem from? What is its point of focus? How can I keep the energy as pure as possible? Does it stem from the teachings of Jesus, or does it have a tradition that may present problems to Christians such as Wicca, Buddha, or Hindu? Are the traditions, prayers or rubrics surrounding it incompatible with the integrity of my own belief system or make my gut feel uneasy? If it requires study, do I find myself being encouraged along a path that conflicts with Christian teachings? The deeper one goes along a non-Christian path, the more it can become involved in religious focus and energies that differ from those which honor Jesus Christ and His Father. He, Himself, warned us that no one goes to the Father of Truth except through Him. So if what I am studying denies the importance of Jesus Christ, in that

role, that is a warning flag that I am leaving the Christian path. The key here is to be honest with myself, and get good solid Christian direction from someone I respect who is knowledgeable and experienced in my own faith tradition. If you are into Reiki, you might want to pray through what Father Robert Sears, a wise Spiritual Director, says in his article on Reiki. (Footnote 3)

A good question to ask in adopting a new technique is, “Is my involvement in this technique leading me to be more loving, feel more sound, joyful and peaceful on a personal and ministry level? If not, then question the use of that practice. In our Christian life we believe in the wisdom of the Scripture that says: “By their fruits we shall know them. I believe that compassionate people who are psychotherapists, massage therapists, prayer therapists or simply loving listeners want the best for those to whom they are called to minister. But the following guidelines may aid discernment:

- 1) Before introducing a new method into the ministry of love, pray about it and continue to focus the Lord’s wisdom, letting him be the Master Therapist, not just in the beginning of a session but continually throughout the session.
- 2) If the gut is feeling uneasy about some aspect, hold the process up before the Lord and do not engage deeper into it until the Lord gives peace.
- 3) If uneasiness continues, check with a Spiritual mentor or ask your prayer community for discernment. If the authorities mistrust it, wait and honor their discernment because there is possibly something wrong in the manner, timing or intensity.

It is easy to fall into a power trip by laying heavy judgment on others who disagree with the need to discern energies. So it is best to leave that decision to the Lord and the Church. There are good people who are anchored in a very different tradition from the way Jesus’ Spirit is leading us. We are not the authorities called to judge the individuals on those paths. Rather, we are called to be faithful followers of Our Lord Jesus Christ, and if His Spirit warns us...not to go further in the study of a certain path...we are called to obey that warning. I believe that wisdom lies in obedience to Jesus and His Spirit within us, regardless of the allure and promise of what appears good or trendy at the time. **A responsible loving ministry to others requires that we do not let other traditions rob us of the riches God wants us to share from**

our own traditions. Simply put, as Christians, there is an obligation to focus into Jesus and maintain a pure heart in ministry.

Likewise, it is important to study Christian Traditions in depth. It is not enough to simply minister out of zeal; knowledge and guidance is needed. It is good to ask oneself, “Am I nurturing my own relationship with Jesus through prayer and Scripture study?” Have I grown into the depths of my Christian healing gifts and gifts of prayer through the study of Christian literature? Am I giving myself time to read *The Journal of Christian Healing* and other helps on the ACT website? As Christian healers we are called to focus into Jesus, as the Incarnate Divine Healer, and receive the inspirations to minister from the guidance of HIS Holy Spirit, as well as direct all glory to Him. And despite our busy lives, we need to take time to lean into the purity of the Trinitarian energy that dwells within us and **minister to others from the Well of those Divine Energies, the Source of all pure Energy.**

40 Years of the Healing Ministry

Through 40 years of being involved full time in the Healing Ministry I have learned much. I have been led in a growing Respect and Listening to both the Trinity within and the Trinity in the client or friend without. I have learned to minister while envisioning myself resting in the bosom of the Trinity experiencing myself as a listener, passing the client's pain, confusion, *whatever* into those Redemptive Healing Energies in that Divine Presence, while at the same time listening for and discerning inspirations as to how and when to respond. Over the years, the more I learned to surrender and convey His Divine Energies, the less was the wear and tear on me and the better were the results for the client. Even at 77 years of age, once a month I find myself able to minister nine sessions and still have energy left over to drive four hours back home into Pa.

In the beginning, it did require a greater effort to be obedient and discern the leading of the Holy Spirit, but over time grace seems to have prevailed. I often open the session praying that both the client and I ask Jesus to help us open the doors He wishes opened and close the doors He knows we are not ready to handle. I also pray for the grace for both of us to be alert so as to listen and follow the Lord's prompting.

All this and my study of Reiki have led me to the conclusion that I have not been told to lead people onto the Reiki path but rather to help them remove any obstacles to becoming the person God has called them to be and encourage them to focus on the Lord Jesus. When the topic of Reiki arises it leaves me with an anxious gut, because I discern the spirit behind it is still unclear and I see danger that if that energy and the rituals are not pure it could cause people to lose their

footing on their inner journey. As I write this, I realize that I can only share my experience of 40 years and the opinions that flow from what I have observed. In the final analysis, what each of us decides is between us and God. I only ask that whatever we members of ACT do, it be for God's honor and glory and spring from our focus on Him and what He wills as best for the person to whom we minister.

Lastly, I encourage all of us to gather with fellow ACT members and continue to discover ways of maturing in our healing ministries. As Christians we believe the Scriptures, “No one goes to the Father except through me.” . . . “I am the way, the truth and the light.” . . . but we also believe Paul's famous, “All creation is groaning to be restored in Christ.” And we, in ACT, do work and pray that all that is good in our various professions be restored to His Glory. That's what I love about this Association, may God continue to purify us and bring us more into alignment with His Glory!

1) Since this article was written, the US Catholic Conference of Bishops has issued a warning document concerning Reiki. Available at: www.usccb.org/dpp/Evaluation_Guideline_finaltext_2009-03.pdf

2) On Fr. Bob Sears website: www.familytreehealing.com click on Articles; go to *A Christian Approach to Discerning Spiritualities*.

3) Father Bob Sears reflections on Energy Healing and Reiki are on the ACT website (members only section). See the Circle of Inquiry (COI) - three articles on Theology of Energy Healing and Reiki. www.ACTHeals.org

WELCOME NEW MEMBERS!

Rev. Thomas Hargest...Region 3
Rev. Dorothy Hargest...Region 3
Deborah Otter...Region 3
Joanna Zeiner...Region 3
Jacquelyn L. Cooper...Region 4
Jean Corrao...Region 5
Julie Yoon...Region 12
Daniel Clark...Region 17
Catherine A. Easton...Region 21
Matthew D'Adamo...Region 24
Rev. Russ Parker...Region 30
Peggy Robinson...Region 41
Fr. P. Vincent Aherne...Region 43
Kenneth Malcolm Happel...Region 43
Maria Genter Hester...Region 43
Soila Vega...Region 43
Lynne Welke...Region 43
Patricia Yuengling...Region 43

ACT PULSE



Region 20...Linda Schubert reports that she is doing a regular (now pre-recorded) radio program. Thursdays 2 pm eastern time... go to www.radiomaria.us and click on live listening for "Miracles of the Heart with Linda Schubert." Help spread the word. She adds that she ministered in Mankato, Minnesota recently on Ephesians and did a program on Repentance at a Charismatic conference. Linda is working on a project called MIDNIGHT PRAISE, whereby Charismatics would gather monthly to pray in the Spirit and seek what is on the Lord's heart for intercessory prayer. The focus will be Pray/ Listen /Respond. A website is reserved but not activated yet. (www.midnightpraise.net) **Region 13**...Rev. Paul Feider offered another School for Healing and Spiritual Enrichment, this time in his own New London, Wisconsin. The School is a spiritual and instructional journey for people of all denominations, especially for those who seek to carry on the healing ministry of Jesus in their local communities. **Region 17**...Forrest Yanke, Past President, sent a beautiful prayer to the membership reminding us to be children of light to one another during these times of fear, especially within the healthcare professions. **Region 10**...

Mary Salvador related the story at the Northeast Conference, whereby she was called to the side of a patient who was awaiting surgery. The patient had refused to go into surgery unless she first received prayer. Mary, who is known by colleagues as someone adept at praying with patients, was called in to pray and mission accomplished, the surgery proceeded on schedule! The **Northeast Conference** on Healing our Wounded Histories, Reconciling People and Places in Christ and the workshop on Christian Listening that preceded it were a huge success. Likewise, Ann Marie Porta sent in a Praise and Thanksgiving Reports for Florida's **Region 17** Conference and Canada's **Region 10 Hamilton Chapter** reports the same success, via Angele Desrosiers. **Region 1&2**... Anne Lessing sadly reports that Cathryn Eagan, long time member of ACT has passed away. She was a Chaplain from Fairlawn, New Jersey and an active member of Region 1&2. We extend our deepest condolences to her family. May she rest in peace. Send us Personal/Regional/ General News & Photos of interest to ACT (storysunday@optonline.net) Subject should read ACT PULSE .

HEALING EXCHANGE DEALING WITH FEAR, ANXIETY AND WORRY

Denise Doff

According to God's word, "God did not give us a spirit of timidity but a spirit of power and love and self-control" (2 Timothy 1:7 Revised Standard Version), and the Amplified translation adds "and a sound and well-balanced mind". This truth is extremely powerful in assisting individuals who struggle with various fears. Replacing the word "timidity" with "fear", "anxiety" or "worry" can be equally powerful, as well.



My first experience with this scripture was with a professional woman who was tormented with thoughts of harming self or others. These thoughts instilled a strong fear within her. Unbeknownst to me at the time, as I spoke this scripture to her, in an encouragement to pray it daily, she experienced

an immediate deliverance from the fear. Ongoing repetition of the prayer eradicated the voices completely. Neither has returned in over 20 years. She later witnessed that when I spoke those words, she heard them not in my voice, but in a voice that she could identify only as God.

Although not all experiences of this scripture have yielded such immediate healing, it remains an extremely helpful intervention, along with traditional counseling practices. Written as a spiritual warfare prayer, it can be consistently repeated when experiencing any nagging fear, worry or anxiety, whether physiologically or emotionally based. "In the Name of Jesus I renounce and refuse this fear because it is not from God, and so I want none of it. I cut it off from me in Jesus' Name, and I claim instead the spirit of power, love, self-control, and a sound and well-balanced mind that God has given me. Thank You Lord. Amen."

Aside from honoring God by using God's own words to invite healing, when prayed with faith, this prayer often aids the individual in reclaiming both peace and control over what has been seemingly so out of one's control. Praise God!

REMEMBERING ARTHUR TOOR

Karen Kozica Cichon, PhD

I loved Arthur Toor. He had a quiet, strong, gentle, and attentive spirit, a fine complement to his wife, Djohariah. The first time we went to dinner together, Arthur gazed at her, a man clearly smitten, even after all the years of marriage and family, and said "Isn't she magnificent?!" How can you not love a man like that?

Arthur soaked in life. Science was a major lens for him and he became a Presidential Science Advisor for several administrations. He was Deputy Director of Livermore Labs, a government facility in California, where he was the head of the Astrophysics lab and an expert on black holes. What a gift to be able to call him to ask any scientific question and know that he would not only have an intelligent

answer, he would have the background story and historical context! He was the first American to set foot in the Russian nuclear sites to check on their disarmament. When I asked him about the science involved in the new energy technologies that I used to recover my health, he quickly responded with all the familiarity of having worked on their development for NASA. Then he proceeded to tell the story of a woman who used them on race horses for the king of Saudi Arabia!

To know Arthur was to experience his easy and humble way. He always had that welcoming smile on his face, like a boy delighted in whatever was happening and waiting in expectation



for what would come next. Yet, for all his accomplishments, he was ever the student of life, interested in knowing about you. Once, after listening to many tales about our life, he proclaimed with great sincerity, "Karen, you MUST write a book and I will be the first in line to buy it!" He was so sincere and encouraging that I did begin to write, always with that picture of Arthur before me. I do not doubt that he will continue to urge me on from an even closer place.

Arthur needed forays into Nature like he needed air. He met God in the mountains and rivers and in the stars that he studied. We will truly miss him and the way he expanded our lives. And yet he is there, with all of us, encouraging us and smiling us through.

SMART BITES: MAKING OUR GOALS SPECIFIC

Bonnie Lay for the ACT Strategic Planning Committee

In 2 Chronicles 13:1-18, Abijah learns the right vision and gets the right results. When king Jeroboam refused to listen, God honored Abijah and delivered him from Jeroboam's ambush. That day five hundred thousand enemy soldiers fell on the battlefield. Abijah's vision led to his victory. Consider this: The wrong vision at the wrong time=Disaster. The wrong vision at the right time=Mistake. The right vision at the wrong time=Blunder. The right vision at the right time=Success.

ACT's Strategic Plan is in place. We have prayed, listened, and responded. We believe we have the right vision at the right time and it is on its way to being accomplished. To achieve its success, we are using Smarty goals. Smarty goals are used as blueprints or roadmaps for the achievement of our Strategic plan.

Specific: Vague goals cause confusion and frustration. In order to provide clear

direction and strong motivation, make your goals specific. Stating your goals positively will create the mental picture of *you* doing what *you* want to do.

Measurable: Measurable goals provide benchmarks for gauging progress and evaluating performance. Lose 20 pounds is a measurable goal. Developing a goal of losing weight is vague and not at all measurable. Be kind to three people is a measurable goal, however, be more kind to people is not. Goals that are not measurable lack direction and value for motivation and celebration. If goals are not measurable, it is impossible to know when and if you have achieved them.

Attainable: Attainable goals spark excitement. Goals that are beyond reach produce frustration and discouragement. *Lose 20 pounds in one week* is not only medically unsound,

but also undoable. Attainable goals also provide a challenge.

Realistically High and Results

Oriented: Challenging goals stimulate creativity and commitment. Goals that are set too low result in underachievement and apathy. **Lose 20 pounds in 6 months** is realistically high and results oriented. Be clear about the end result your goal is designed to accomplish and focus on results, NOT JUST THE NECESSARY ACTIVITY.

Time Bound: Dates for accomplishment are critical for planning, decision making, operational coordination and evaluation. Lose 20 pounds by June 1 (today being Jan 1) is a much more effective goal than simply *lose weight*. Goals that do not specifically target dates have a tendency to get lost in the shuffle of our work and life.

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keep connected

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Association of Christian Therapists

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REMINDER: Use your member number (DIRECTLY next to your last name) to access the members only section of the ACT website at www.actheals.org

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A-M-E-N!

GOD IS OUR REFUGE and strength

A very present help in trouble.

Therefore we will not fear,

Though the earth should change,

Though the mountains shake

In the heart of the sea.

Though its waters roar and foam,

Though the mountains tremble

With its tumult.

There is a river whose streams

Make glad the city of God,

The holy habitation of the Most High.

God is in the city, it cannot fall.

-Psalm 46:1-4

SMART BITES

Continued from page 7

Yours: You will be most motivated to achieve goals that reflect your important personal desires and values. Resist the urge to conform to the expectations of others. If goals are not your *own*, you cannot *own* them. Be aware of what motivates you and tailor your goals to fit your personality.

click...



www.jrsbible.info:80/bible.htm Nancy Morgan tells us you will find the Bible all on one page!

thought...

"Be kinder than necessary, because everyone you meet is fighting some kind of battle."

book review...



"The Heart's Truth" by Cortney Davis. "In her breathtaking collection of essays Davis, a nurse practitioner, reveals what it means to be a nurse. Writing with the power, precision, and careful observation of a seasoned clinician and the sensitivity of a poet she sweeps the reader up in the drama of nursing and the compassion with which it is perfused." It should be required reading at every nursing school in the country according to the many favorable reviews it has received. (Kent State University Press) I am deeply touched by the beauty of its stories. (G.Doino)

workshops...

ACT International Conference Sept. 17-21, 2009 please visit www.ACTHeals.org for details and registration information.