

# Monthly Newsletter

August, 2025



## **ACTheals 2025 International Conference, October 23-26, 2025, Marywood Conference Center St. John's, Florida**

**Reverend Nigel Mumford**

International Speaker, Author and Founder of By His Wounds, Inc.

**Plenary Talk Title:**

Well Done Good and Faithful Servant: A Message of Encouragement



[Register for the Conference](#)

### *President's Corner*

In Luke's gospel, chapter 10, the seventy-two are sent out two by two to do ministry. Jesus gave them specific instructions about what to take, how to act, and to bless every home that welcomes them. Jesus is sending us out into the mission field as well. Our mission field is in our professions, churches, and families. It's not always an easy task, and we need to 'come home'

for personal time with Jesus for refreshment and renewal, just like we do in our conferences and events.

This reminds me of a story. People living by the edge of a large lake noticed that the rocks and sandbars of the lake created hazards for ships passing by. They got together and built a lighthouse to warn ships of the danger zone, as well as having boats with lights in strategic areas as warning signs. Peril lessened. Since the ministry was going so well, the people discontinued the small boats with lights but continued to staff the lighthouse. More time went on, and the people felt burned out, so they no longer staffed the lighthouse but kept the light on. Boat people began to take rest breaks in the lighthouse, tracking in water, mud, and filth. Pretty soon, the local people said they needed new carpet and put it in. They changed the sign that said "lighthouse" to "clubhouse" and locked the door, making it a key club entry.

I hear Jesus asking us (ACT), are you My lighthouse, or have you become a clubhouse? Are you engaged and active in MY ministry? It is my prayerful hope that each of us can say we are engaged with Jesus in His ministry of love and healing.

In closing, I bless each of you to be Jesus' lighthouse, that beacon of hope and care for others.

**Kris Sendelbach, RN**  
*ACTheals, Your Servant Leader*



## ACTheals Regional News

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### Rev. John Rice's Teaching and Blessing Prayer Practice with ACTheals

On Tuesday, July 30th, 2025, Rev. John Rice, an Episcopal Priest who ministers at the Blessing Place of North Carolina, provided an inspiring teaching about the ministry of blessing prayer to the online ACTheals prayer group. This virtual space was created for newcomers to ACTheals, offering a welcoming environment for spiritual growth and connection. The group also welcomes ACTheals members who ask to join and includes individuals who are interested in learning more about the ACTheals community.

After Rev. Rice shared his insightful talk, participants took turns practicing blessing prayer by praying for each other. This practice allowed everyone to experience the power of prayer firsthand and discuss how this "prayer tool" can be used to benefit both personal and professional lives. The session was a beautiful reminder of the strength and support found within the community.

Here are some testimonials from the participants:

**"Rev. John reminded me of the power of God to work in us to bless others and that helped me feel empowered to face difficult situations with hope."**

- Amanda

**"I got to see firsthand today when I prayed for my patients, the power of speaking blessings. I always pray, but including the blessing part added an extra layer of hope and encouragement that I could see on their faces." - Cathy**

"I was glad Fr. John explained how blessing prayer can be used with healing prayers." - Debbie

"One of patients asked me today to pray with her towards the end of our appointment. I said a blessing prayer for her, and she left with a peaceful look on her face. I am thankful for opportunities to integrate my Christian faith and clinical work by learning these tools!" - Angeli

"The teaching on Blessing prayer that Rev. John Rice gave the group was very powerful. He taught us that this simple and ancient way to pray can restore hope. What really touched me was the blessing prayer he prayed over us at the end. He blessed us in Jesus' name with the love of the Father, flowing directly from Abba's heart into our hearts..." -Beth

The next meeting is scheduled for **August 28th, 2025, from 7 PM to 8 PM EST**. During this session, participants will continue praying for each other and sharing what God is doing in their lives. **If you're interested in attending the next virtual prayer meeting, please request the Zoom link using the button below.** Fr. John will be presenting at the upcoming ACTheals International Conference in October.

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[Get the Link](#)



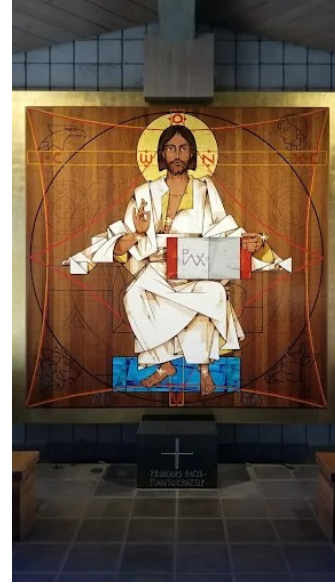
## A Blessed Retreat: Spiritual Renewal at Prince of Peace Abbey

From July 11 to July 13, 2025, the ACTheals Southern California region gathered for a memorable retreat at the serene Prince of Peace Abbey. This retreat was a time of spiritual renewal and fellowship, and it left a lasting impact on all who attended.

Barbara Graham, an ACTheals member in the region expressed heartfelt gratitude: "We praise God and thank You all for making this a wonderful, blessed Retreat. We loved Prince of Peace Abbey! It is such a beautiful, peaceful place! Thank you, Donna Lee, for your gift of music; the Praise and Worship was just what we needed. We are so grateful to Fr. Charles. His welcome, presentations, prayer, Abbey Tour, constant presence, and kindness were without bounds. We thank the Priests and Brothers for Vespers, Masses, Br. Philip for joining us Sunday morning, the monks for Confession, the dining room staff and good food, and all who never failed to show hospitality and goodness. Thank You, Lord! You have gifted us with this special time together; we will remember it with joy."

This retreat was a time of joy, reflection, and spiritual growth. It reminded everyone of the importance of taking time away from the busyness of life to reconnect with God and each other. The memories made during this retreat will be cherished for years to come. If you want to learn more about ACTheals events or connect with your region, email [apemberton@actheals.org](mailto:apemberton@actheals.org).

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***Images from Prince of Peace Abbey,  
submitted by Barbara Graham***

## Feature Article

### *Interview with Rev. Nigel Mumford: Coping with Personal Triggers and Finding Healing in Jesus*

In our recent interview, Fr. Nigel shared insights from his journey and his book, "This is Where Your Healing Begins." He recounted his personal healing journey, emphasizing the miraculous intervention of Jesus:

"I was diagnosed in 1978 with good old fashioned World War Two shell shock, now known as Post Traumatic Stress. I had spent a year in combat, and it all caught up with me when I was told that three recruits that I had taken through seven months of basic training had been killed by an IED (Improvised explosive device). I could not make any sound for a week and had a very bad stutter for six months. Regrettably I was medically discharged from the Royal Marine Commandos. Many triggers in life would cause noticeable (to others) flashback situations. The effect could last up to three days. One day, having just been triggered, God gave me a vision. I saw a huge flywheel that, at the moment of stress would start spinning at great speed. I saw Jesus walk up to it, pull up His sleeves and then, much to my surprise take His unprotected hands and not unlike car breaks press them into the flywheel to stop the wheel in an instant. The lasting legacy of that moment is that when I am now triggered, rather than take three days to reset, the Lord resets me in a few seconds. It truly is a miracle and an amazing gift. Jesus does set the captives free. (Luke 4:18)"

Fr. Nigel's book, "This is Where Your Healing Begins," was born from decades of talks on healing. Initially an 86-chapter manuscript, it was condensed into 18 chapters with the help of an editor from Harper Collins. "We had hours of incredible conversations about Billy Graham, healing, Jesus, and of course the 'far too many words' in my book!"

Fr. Nigel emphasized the importance of self-care and setting boundaries for healthcare providers and clergy. "Be gentle with yourself. Stop and assess the situation. We are not human doings; we are human beings. Even Jesus took time out to be alone with His Father."

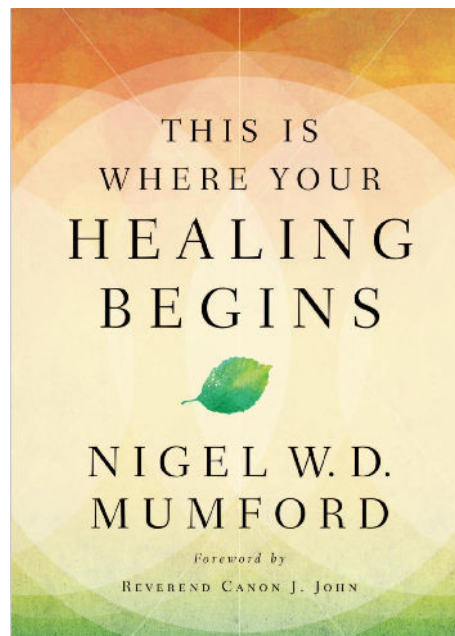
He advised giving God permission to help and setting healthy boundaries to let God heal old wounds: "To realize that we have all been recycled by God is a foundational building block to our ministries. We become experts in knowing what others feel

and present because we, perhaps, have been there, done that, seen the movie, and got the bumper sticker."

In conclusion, Fr. Nigel's insights offer a blend of personal experience, spiritual wisdom, and practical advice, making his book a valuable resource for anyone seeking healing and faith.

The Reverend Nigel Mumford is an International Speaker, Author, and Founder of By His Wounds, Inc., a 501c3 non-profit organization focusing on Christian Healing. He is also Priest Associate for Prayer Ministry at Galilee Church in Virginia Beach. Fr. Nigel has been involved in the Healing Ministry since 1993. In 2007, he created WELCOME HOME INITIATIVE® services, a program of healing for veterans, focusing on healing for post-traumatic stress. Rev. Nigel will be available to sign his book in the bookstore at the ACTheals Conference in October.

*Created with the assistance of Microsoft 365 Copilot AI.*



Purchase Fr. Nigel's  
Book

## Upcoming Events



### Support, Empower and Witness Groups

ACTheals Support, Empower, and Witness (SEW) groups are hosted monthly by regional coordinators, offering both virtual and in-person gatherings. These sessions provide ACTheals members with valuable opportunities for healing and fellowship, supporting them as they continue their healthcare and prayer ministries. Through SEW groups, members can connect, share experiences, and receive the encouragement they need to thrive in their spiritual and professional journeys. ACT members, be on the lookout for an e-blast about this month's SEW groups!

## Empowerment of the Holy Spirit

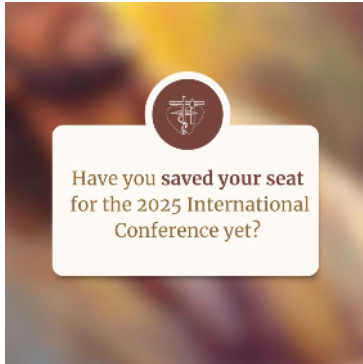


Join us for a day of renewal and spiritual empowerment at the Empowerment of the Holy Spirit event on Saturday, **September 6, 2025, from 10:00 AM to 2:00 PM Pacific Time** at the American Martyrs Church in Manhattan Beach, 90266. This special day will have dedicated times for healing prayer.

We are honored to have Fr. Pat Crowley SS.CC as our speaker. **Contact: Bernadette St. James, PsyD** for more information at **310.991.2256**

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## ACTheals 50th Anniversary International Conference



Join us for the ACTheals 50th Anniversary International Conference, a milestone event celebrating five decades of healing. Don't miss this opportunity to connect with fellow healthcare professionals, clergy and interested persons in healing ministry to deepen your spiritual journey. Our plenary speakers will also include Judith MacNutt of Christian Healing Ministries.

Please contact **info@actheals.org** for more information.

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## *ACTheals: Where God and Healthcare Meet*

*This is the official newsletter for ACTheals (Formerly known as the Association of Christian Therapists). Member **comments, suggestions** and **submissions** are appreciated. Submissions are preferred with a digital photo, or else, a prior one from our files will be used. Member names can be withheld by request. Contact Angeli at [apemberton@actheals.org](mailto:apemberton@actheals.org).*

ACTheals is a Christ-centered association of healthcare professionals, clergy, religious and associates who seek to integrate healing prayer to give full expression of God's love in their professions, ministries and personal lives.

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