

# Monthly Newsletter

## December, 2025



**ACTheals**  
Working in the Healthcare Community since 1975



**Gracious God, You are my  
refuge and my healer.**

*This Advent, restore my heart,  
bring peace to my mind, and renew  
my hope as I wait for Your coming.*



### *President's Corner*

We have entered the season of Advent, a period of waiting and preparation. Getting ready for Christmas can be an extremely hectic time: shopping, presents, wrapping, cooking, decorations, meals, traveling to family, and remembering and sharing family traditions. In today's fast-paced world, we often focus on everything we need to do to make this the perfect holiday. To me, all this does is create anxiety about getting everything done—a panicked pressure to measure up to the world's standards.

However, the scriptures call us to a period of preparation. We are filled with anticipation for a birth. When Mary was heavily pregnant, she had to slow down in all she had to do. We are excited, but we are in a waiting period. Is the crib set up? Do we have enough diapers, baby clothes, and supplies ready? Am I taking time to prepare my heart for this birth? I once heard Advent described as: get up, shape up, cheer up! In the first week, it's time to get up and get going. During the second week, it's time to sweep clean our lives and hearts as we prepare for this new life (i.e., a moral inventory of our lives, reconciliation, soul searching). The third week calls us to have hope (Gaudete Sunday). Anticipation is building. Then Caesar calls a census, and we have to travel to another region, fighting the crowds and handling last-minute details before traveling. The trip to Bethlehem is like our last-minute decision to travel to be with family, only to find out that everyone else has waited until the last minute as well.

So this Advent, my question is: how am I preparing my stable (heart) for Christ to be born anew in me? I think of the song entitled "Sanctuary":  
"Lord, prepare me to be a sanctuary, pure and holy, tried and true. And with thanksgiving, I'll be a sanctuary, just for you."

This Advent season, may you be blessed with patient waiting and a time to prepare the stable of your heart—your Bethlehem—to receive Jesus anew in the sanctuary of your heart on Christmas morning.

**Kris Sendelbach, RN,**  
Your Servant Leader

## International Conference Videos are Now Ready!

We invite you to visit our YouTube channel, ACTheals Official, where you'll find teachings, talks, and special presentations. Be sure to check out Rev. John Rice's inspiring talk on the power of Blessing Prayer to help cure serious illness—just click on the video to watch. Subscribe to stay updated with new content and resources!



---

## ACTheals Regional News



On November 1, 2025, ACTheals Los Angeles region hosted an event called "Made in God's Image, Growing in the Likeness of Christ" at American Martyrs Church in Manhattan Beach. The gathering brought together healthcare professionals, clergy, religious, and laity, all dedicated to integrating healing prayer and spiritual growth within their professions and personal lives.

For years, many have heard the phrase: "We are created in the image of God." But what does this mean in practical terms? How do we actively grow in the likeness of Christ, especially in a world filled with conflicting perspectives from countless social influencers? These questions formed the heart of the event, inviting attendees to reflect deeply on their spiritual journey and personal growth.

The keynote speaker, Fr. Jim Clarke, Ph.D., brought a wealth of experience and insight. Serving in the Archdiocese of Los Angeles as a seminary professor, senior lecturer, workshop facilitator, coordinator of formation in the diaconate program, and spiritual director.

Growing in the likeness of Christ is a lifelong process. As the Apostle Paul wrote, God has predestined us "to be conformed to the image of His Son" (Romans 8:29). This transformation is not automatic; it requires active engagement with God through prayer, devotion, and openness to the Holy Spirit. The more we respond in faith, the more our nature is shaped in Christ's image.

ACTheals events like this one offer a welcoming space for personal and communal growth. Interested individuals are encouraged to contact [apemberton@actheals.org](mailto:apemberton@actheals.org) or [info@actheals.org](mailto:info@actheals.org) for future events. ACTheals members are reminded to bring a guest to upcoming regional meetings, fostering a spirit of hospitality and shared spiritual journey.

*This article was created with the assistance of Microsoft 365 Copilot AI.*

---



## Interview with Fr. Paul Feider on the 2026 Vision: Year of Revival in ACTheals

Rev. Paul Feider is the Spiritual Advisor for ACTheals. He was ordained in 1977 and took Anglican studies in 1994. Fr. Paul, as he is fondly known, has spent his 48 years of priestly ministry passionately leading people to a deep love for God, teaching about the power of God's word, and bringing God's healing touch to many. He has traveled extensively teaching and ministering God's healing love. Joining ACTheals in 1979, he is a member of the Midwest Region and the Religious and Clergy Specialty Group. He became a Lifetime member in 1980.

In a recent interview, Fr. Paul shared his excitement for ACTheals as we enter a year of revival: "I'm excited because the Holy Spirit is anointing us this year with new energy! Even though we are at a critical crossroads, we can see a road of restoration ahead of us. I already see people having new energy. I believe members will join the many Zoom events we are having this year—to be nurtured and fed; to be enriched by getting to know each other, the guest speakers, and to pray with each other for healing and empowerment."

He reflected on the spark that ignited ACTheals: "The unique vision to connect healing prayer with professionals and to empower one another to pray with their patients, and to support one another in doing that."

Fr. Paul also emphasized the organization's greatest strength: "Our greatest strength is that the members have been renewed in the power of the Holy Spirit and are ready to do Jesus' divine mission." The mission of ACTheals is to "Heal and empower healing professions to bring Christ's healing to others."

If you feel called to the mission of ACTheals, we invite you to explore our upcoming events, connect with our community, and consider inviting guests who may be interested in joining. Discover how you can be part of a movement dedicated to healing, spiritual growth, and living out Christ's mission together.

*This article was created with the assistance of Microsoft 365 Copilot AI.*

---

### *New and Honorary Members*

We are delighted to welcome our newest and honorary members to ACTheals: **Elizabeth, Heather, Bradley, Katrina, Linda, Bobby, Laura, Rev. James, David, Maureen, Rosemary, Diba, Diane, and Fr. James.** Your presence enriches our community, and we are grateful for your commitment to healing and spiritual growth. Please also join us in welcoming **Fr. Jim Radde, SJ,** to our list of honorary members in recognition of his dedicated work in ACTheals. Fr. Jim originally joined ACTheals in 1976. We are grateful for his longstanding commitment and service to our community. If you know someone who would benefit from joining ACTheals, please invite them to become part of our vibrant network. New members are always welcome!

---

## Upcoming Events



The South East region invites ACTheals members to a time of reflection and Christian fellowship. Join us for an hour from the convenience of your home as we prepare ourselves for the coming of our Lord Jesus during this holy season. Our speaker will be Father Gary Fukes. This event is open to members and those who wish to bring guests. Those whose guests who are interested in attending can send an email to Tamila Hennessy, ([thennessy774@gmail.com](mailto:thennessy774@gmail.com)) by December 5, 2025. We look forward to seeing you there!

ACTheals Members: Celebrate the Christmas season with seaside serenity! **Join us on Saturday, December 13, from 2:00–5:00 PM PT** at Nancy Sagona’s Ocean Cottage by the Sea (501 West Esplanade #232, Redondo Beach, CA 90277) for prayer, a potluck, and social time. Reconnect with old friends, welcome new members, and build community. There will be an induction ceremony for newly vetted ACTheals members. RSVP to Bernadette by December 10th via text at 310-991-2256. We look forward to celebrating with you!

---

### Newcomer's Prayer Group

The **newcomer's monthly online group** is open to new ACTheals members, interested persons in ACTheals and members who may be interested in mentoring or just need some extra prayer time. We support each other through prayer and Christian fellowship as we engage in our various healthcare practices and/or prayer ministries. The group is led by **Beth Ford, RN** who us the leader of the Nurses Specialty Group in ACTheals. The next group online will be held on **December 11, 2025 from 7:00pm-8:00pm EST.**

**Request the Zoom link** below by contacting Angeli Pemberton; please state whether you are a current ACTheals member (including your region) or whether you are a guest (interested person who wants to learn more about ACTheals). See you there!

[Request the Link](#)

---

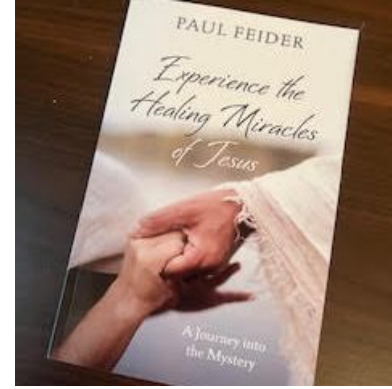
### Six-Week Teaching Series on the Healing Miracles of Jesus

Fr. Paul Feider will be hosting another six-week series of

teaching based on his new book, Experience the Healing Miracles of Jesus. It will be online on Zoom beginning on **January 8th, 15th, 22nd and 29th, and February 5th and 12th, 2026** from 7:00-9:00pm EST.

The benefits of embarking on this course are best described in a quote from Fr. Paul's book:

*"If you are in the healthcare field, this journey will open the way for you to augment your practice with divine energy to bring healing beyond the limits of your human skills. If you are a therapist, discovering divine healing power will allow you to go deeper into the core issues of the people you serve and release the pain of their inner wounds that you alone could not reach. If you are a prayer minister or pastor of a church, this search will offer new insights on how you can take people to a much greater wholeness by the power of Jesus' healing love."*



**Request the Zoom link** below by contacting Diane Riddle; please state whether you are a current ACTheals member (including your region) or whether you are a guest (interested person who wants to learn more about ACTheals).

[Request the Link](#)

---

## Support and Prayer Groups

ACTheals **support and prayer groups** are hosted monthly by regional coordinators, offering both virtual and in-person gatherings. These sessions provide ACTheals members with valuable opportunities for healing and fellowship, supporting them as they continue their healthcare and prayer ministries. Through these groups, members can connect, share experiences, and receive the encouragement they need to thrive in their spiritual and professional journeys. **ACTheals members, be on the lookout for this month's e-blast for more details about December's regional support and prayer groups and don't forget to bring a guest!**

---

## ACTheals International Conference 2026: Change Our Hearts

*"I will give you a new heart and place a new spirit within you, taking from your bodies your stony hearts and giving you natural hearts. I will put my spirit within you and call you to live by my statutes." Ezekiel 36:26-27*

Kanuga Conference Center, 130 Kanuga Chapel Drive Hendersonville, NC 28739 **October 22-25, 2026.**

Speakers, Chaplains, and Workshop Presenters to be announced on website [actheals.org](http://actheals.org).



---

## *ACTheals: Where God and Healthcare Meet*

*This is the official newsletter for ACTheals (Formerly known as the Association of Christian Therapists). Member **comments**, **suggestions** and **submissions** are appreciated. Submissions are preferred with a digital photo, or else, a prior one from our files will be used. Member names can be withheld by request. Contact Angeli at [apemberton@actheals.org](mailto:apemberton@actheals.org).*

ACTheals is a Christ-centered association of healthcare professionals, clergy, religious and associates who seek to integrate healing prayer to give full expression of God's love in their professions, ministries and personal lives.

 Share This Email

 Share This Email

[Join](#)

[Regions](#)

[Donate](#)

[Youtube](#)



ACTheals  
1700 Skyline Drive  
Chattanooga, TN 37421  
Phone: (502) 632-3036

[Contact Us](#)





Try email & social marketing for free!

---