

# Monthly Newsletter

## April 2026



**ACTheals**  
Working in the Healthcare Community since 1975



**ACTheals** *(Acts 4:8-10)*

Advancing Christ Centered Healthcare – one healer at a time

# Change Our Hearts

**2026 INTERNATIONAL CONFERENCE**

October 22-25, 2026

Kanuga Conference Center | Hendersonville, NC

*I will give you a new heart and put a new spirit in you;  
I will remove from you your heart of stone and give you a heart of flesh.*

Ezekiel 36:26

### PLENARY SPEAKER



Dr. John McGraw, MD

### WORKSHOP PRESENTERS



Rev. John  
Rice



Dr. Wendy  
Hofman



Fr. Paul  
Feider



Rev. Dr.  
Benjamin  
McEntire



Dr. Ben  
Keyes

### MASTER OF CEREMONIES



Dr. Charles  
Zeiders

### CATHOLIC PRIEST



Fr. Foster  
Orlator

### MUSICIAN



Christopher  
McLoughlin

[www.actheals.org](http://www.actheals.org)

<https://actheals.org/2026-international-conference/>

*You spend your life caring for others. This conference is designed to care for you too. At Change Our Hearts 2026, you'll gain fresh insight, practical tools and access to experienced voices in healing ministry and healthcare. Step away*

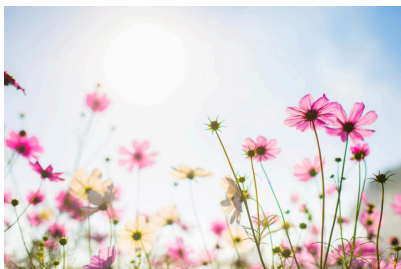
with renewed perspective, stronger support and ideas you can carry back into your work immediately. We invite you to check out our registration page by visiting the link below.

Visit Conference Page

# April is Counseling Awareness Month

This April, let's honor the gift of godly counsel and remind one another that we don't have to walk through life alone.

*We are grateful for counselors who walk alongside others with compassion and grace. "Carry each other's burdens..." (Gal. 6:2)*



## President's Corner

Spring is definitely here. Flowers are beginning to poke their heads up, blooming beautifully, and Easter will soon be upon us. People are being drawn outdoors, tending to their yards and preparing for the summer ahead. My renter—and all the farmers I know—are growing eager to pull their equipment out of the sheds and into the fields, assuming the ground has enough crushed rock to remain firm so the machines don't sink into the mud.

This season reminds me of Scripture from the Gospel of John, chapter 12: "Unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat. But if it dies, it produces much fruit." This truth applies just as much to the garden seeds that yield beautiful blooms as it does to the corn and soybeans planted in the fields to produce our crops.

Each year, we trust the sun and rain to arrive at just the right time for both flowers and harvests. That trust is placed into God's hands again and again. The same is true for our own lives—we are called to trust Him to meet all our needs, even when that trust feels difficult on certain days.

This month, I bless you to know and deeply experience God's grace and His resurrection glory, so that you may bloom like the flowers He gives us and bear fruit like the crops that grow in our fields.

**Kris Sendelbach, RN,**  
Your Servant Leader

### *Word of Prophecy for ACTheals*

Dr. Mike Sabback offered this prophecy to the people of ACTheals. It is an affirmation of all the ministry of ACTheals, a promise of more wisdom, power and grace for each member, and a challenge to reach out with more boldness to new people, proclaiming the healing and saving power of divine Love. Accept this word into your heart as Jesus leads you. We open ourselves to the promise in this new season of ministry.

-Fr. Paul Feider

Prophecy given by Dr. Mike Sabback for ACTheals at March 2, 2026 South East Region Zoom Event in which he gave a speech on "*Proclaiming the Prophetic Word in the Healing Ministry:*"

**"My children, I have seen your faithfulness from the beginnings of this ministry and I know your hearts. You have done wonderful work in healing my people in body, mind, soul and spirit. In the next season of this ministry, I am anointing you with more wisdom, power and grace to take my Healing Love to those who are broken and hurting. I am calling you to step out with more boldness into places you have yet to go to heal my people and to proclaim my love and salvation for all.**

**In the Name of My Son Jesus!  
Amen!"**



### *Faith Witness: My Growth Journey Through ACTheals*

By Angeli Pemberton

"Even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you." (Psalm 139:12).

I found ACTheals in 2018, following a season of deep personal transformation and healing. It appeared in my life unexpectedly—like a refreshing spring after a long and weary journey. I can say with complete confidence that ACTheals was never on my radar; rather, God gently led me to it. He led me beside still

waters (Psalm 23).

When I walked into my first ACTheals conference in Baltimore, I knew no one, yet I immediately felt an atmosphere of peace and unity unlike anything I had experienced before.

I tangibly sensed the Holy Spirit present and moving through every person I interacted with.

At the time, I was newly licensed as a Mental Health Counselor in New York State and had not yet found a professional community. It was there that I met Debbie Kalinyak, who would become both a mentor and a dear companion on my journey. God clearly paired us together. Through her guidance, I learned about the beauty and history of our God-given community. She prayed with me personally and supported my professional growth with wisdom and compassion.

When I began my private practice, Debbie offered invaluable guidance drawn from her years of experience. And when I hesitated—afraid to step out in faith and claim the blessings God had prepared for me—she offered a gentle but encouraging nudge forward.

One of the most profound experiences I have had through ACTheals was my Baptism in the Holy Spirit. While I continue to grow, this infilling brought me renewed confidence and deep peace, enabling me to more fully meet the needs of my patients. I remember returning from my first conference when one of my patients remarked that I had a special “glow.”

As I continue to navigate the ebbs and flows of career, marriage and motherhood, I remain deeply grateful for the gift of the ACTheals community that God has given me. I strongly encourage healthcare professionals to seek out a community that ministers to them as they serve others.

As members of ACTheals, we strive to hold space for those who long to feel safe, supported, and held in authentic fellowship. As I step away from my role as Social Media Manager for ACTheals to welcome another precious season of motherhood, I remain deeply grateful for this community and plan to continue as an active member. I look forward to seeing my ACTheals friends at future gatherings and events, especially the annual International Conferences.

*Dear God, I ask that You bless my ACTheals family. May they continue to bloom wherever You have planted them, just as You have helped me grow through this community. Thank You, Lord, for Your faithfulness and grace.  
In Jesus' holy name, I pray. Amen.*

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## ACTheals Announcements

### **Welcome Mitchell Petredis – Social Media Manager, ACTheals**

We are pleased to announce that Mitchell Petredis will be joining ACTheals this Spring as our new Social Media Manager. Mitchell is a results-driven Information Technology Specialist and customer service professional. He graduated Summa Cum Laude from the University of Denver in November 2021 and brings both technical expertise and a strong commitment to excellence.

As part of the ACTheals administrative team, Mitchell will help expand our outreach through social media and support the continued growth of our monthly newsletter via Constant Contact, furthering our mission of healing and hope.

We are grateful to welcome Mitchell to the ACTheals community.

For questions or to connect with him, please email [mpetredis@actheals.org](mailto:mpetredis@actheals.org).

# Welcome TO THE TEAM



MITCHELL  
PETREDIS |

Social Media Manager



## Regional News



### When the Spirit Moves: A Day of Healing, Renewal, and Encounter

By: Bernadette St. James

On February 28th, the Los Angeles/Pacific Region of ACTheals offered “When the

Spirit Moves: Fruit That Transforms, Gifts That Empower,” led by Bob Canton. Bob, who has a worldwide ministry, was powerful in the word of knowledge, discernment, and healing.

This day drew 25 retreatants into a deeper relationship with God through teaching, breakout groups, and personal healing.

Giving witness to their experience of encountering the Holy Spirit, retreatants shared that they felt the tenderness of God’s love and compassion, which reached deeply inside, touching deep wounds and unspoken needs. Bob’s humor, relatability, and warmth made for a very inviting day that facilitated community and renewal in the Holy Spirit.

**Photo by Mitchell Petredis:** Bob Canton Speaks at the Day of Healing and Renewal hosted by the LA/Pacific Region

## Welcome New and Rejoining Members!

We are delighted to welcome new and/or rejoining ACTheals members, **Janice, Theresa, Karen, Ryan, Martha, Kim, Mike and Barbara** to our community! Your presence enriches us, and we look forward to growing together in faith, sharing in healing experiences, and celebrating God's work in our lives. May you find encouragement, friendship, and spiritual growth as part of our ACTheals family.



## Upcoming Regional Events

[Download Printable April Calendar](#)

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### *Have You Registered Yet for Canada Region Annual Conference?*

Join us for inspiring sessions with speakers like Dr. Donna Ward, M.D., Fr. John Meehan, Ph.D., and Fr. Terry McKenna. This event will take place at the beautiful Monastery of Mount Carmel Spiritual Retreat Center in Ontario. For registration and details, email Toni Bianchi at [tonibianchi@rogers.com](mailto:tonibianchi@rogers.com). Full conference agenda, registration, speaker biographies, transportation information and further details can be found using the link below.

**ACTheals**  
**Canadian Conference**

working in the Healthcare Community since 1975

**Journeying with Pain**

*Less of me – more of Him*

Emotional  
Physical  
Spiritual

**DATE:**

**April 30 – May 3, 2026**

**LOCATION:**

**Monastery of Mount  
Carmel Spiritual Retreat  
and Conference Centre  
7020 Stanley Ave.,  
Niagara Falls, Ontario**

**Speakers:**

Dr. Donna Ward M.D.

Fr. John Meehan PhD, SJ

Dr. Mary Chakkalackal M.D.

Dr. Lise Poirier-Groulx M.D.

Denise Dolff, MA Psychology

Fr. Terry McKenna (Family Tree)

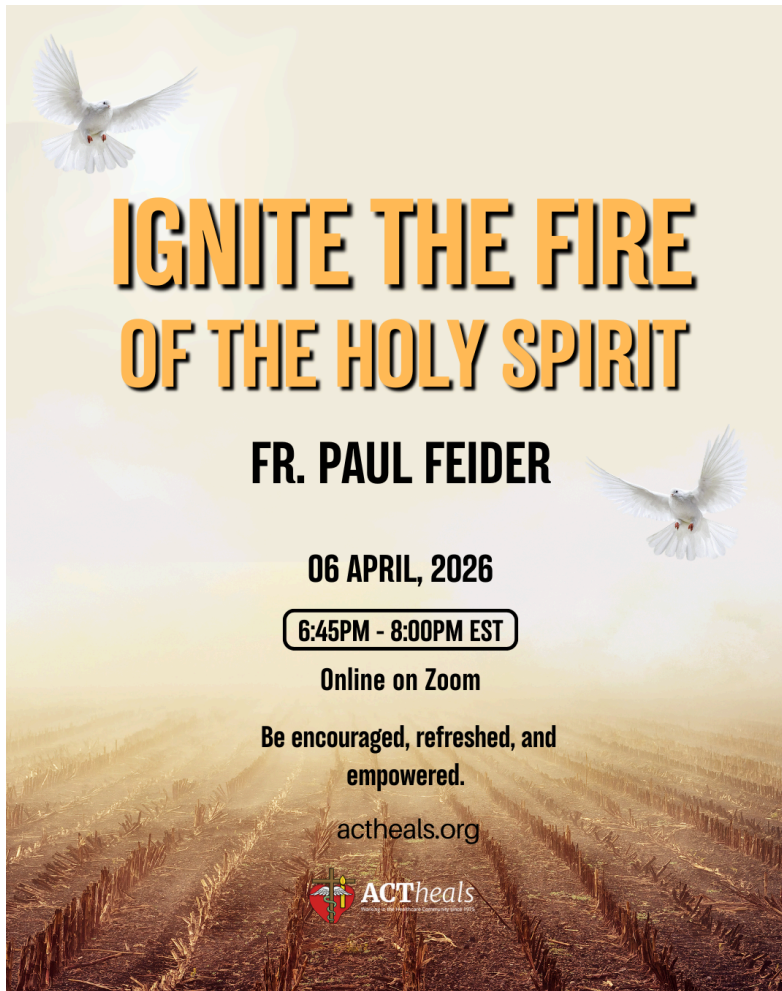
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Jabez was honored more than his brothers; and his mother named him Jabez, saying, "Because I bore him in pain." Jabez called on the God of Israel, saying, "Oh that you would bless me and enlarge my border, and that your hand might be with me, and that you would keep me from hurt and harm!" And God granted what he asked. 1 Chronicles 4:9-10

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[Download Agenda/Registration Flyer](#)

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[Join Zoom Meeting](#)

**Southeast Region Zoom Event – April 6, 2026 | 6:45–8:00 PM EST**

***Calling All ACTheals—Ignite the Fire!***

Join us for a powerful and inspiring talk with Fr. Paul Feider, “Ignite the Fire of the Holy Spirit.” As we journey through this Year of Revival, come stir up the gifts of the Holy Spirit in your life, your work, and your ministry. Be encouraged, refreshed, and empowered as Fr. Paul shares how the Holy Spirit desires to renew our hearts, strengthen our faith, and set our lives, jobs, and ministries ablaze for Christ.

Join the Zoom room at 6:45 PM for a meet and greet.

Event Time: 7:00–8:00 PM EST

Date: 04/06/26

Invite a guest! This event is open to all ACTheals. While it is hosted by the Southeast Region, we warmly welcome participants from every region.

To invite a guest or for questions, please email Tamila at [thennessy774@gmail.com](mailto:thennessy774@gmail.com)

**Come expectant. Come hungry. Come ready for the fire of the Holy Spirit to move!**

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**Jesus the Healer: Encountering His Healing Power in the Gospels**

Join us for an online catechesis and prayer gathering centered on the healing ministry of Jesus as revealed in the Gospels. This 30-minute session will include a brief teaching, guided reflection on selected Gospel passages, and a time of prayer for healing and intercession.

**The meeting will be held in Italian. A brief summary in English may be provided upon request.**

**Date: April 13, 2026**

**Time: 2:15–2:45 PM (CET – Rome, Italy)**

**Audience: Clergy and healthcare professionals**

**Format: Zoom (link provided upon RSVP)**

This event is open to ACTheals members and non-members. Participation is free; a love offering is optional.

To RSVP and receive the Zoom link, please email [acthealsitaly@gmail.com](mailto:acthealsitaly@gmail.com).

[Request Zoom Link](#)



Join us on **April 20, 2026, for the ACTheals Pastoral Care Gathering**, a relaxed and encouraging evening created especially for our Pastoral Care Specialty Group members. Grab a cup of tea or coffee and come share what's unfolding in your ministries. This will be a meaningful time to connect, listen, and pray for one another as we support the healing work God is doing through each of you.

**Zoom opens at 6:45 PM | Gathering runs 7:00–8:00 PM EST**

[Request Zoom Link](#)

**Join us for our Psychotherapists Specialty Meeting on April 24, 2026, from 4:00–6:00 PM EST.** This is a relaxed and welcoming time to connect in fellowship—bring your coffee or water as we catch up, share parts of our lives, discuss a challenging case, and pray for one another. These gatherings are always rich in connection, support, and encouragement.

All are welcome, especially Social Workers, Mental Health Counselors, Marriage and Family Therapists, Psychologists, Spiritual Directors, Biblical Counselors, Chaplains, Coaches, and Lay Counseling Ministers. This meeting is open to ACTheals members and invited guests. RSVP preferred so we can plan accordingly.

Contact Dr. Benjamin Keyes at 727-460-7999 or [bkeyes@divinemeracy.edu](mailto:bkeyes@divinemeracy.edu) to RSVP.

RSVP for this Event

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### LA/Pacific Region Prayer Group – Sunday, April 26 | 6:00–7:30 PM PT

Join the LA/Pacific Region Prayer Group for an evening of reflection, community, and prayer. Our time together will continue with a study on the role of the Holy Spirit in the early Church and in our lives today, offering space for both personal spiritual growth and shared connection.

The evening will also include a book study and discussion of C.S. Lewis's *The Screwtape Letters* (Letters 4–6), followed by guided prayer.

To receive the Zoom link, please email **Bernadette St. James** at [nbstjames@gmail.com](mailto:nbstjames@gmail.com), the LA/Pacific Regional Coordinator, using the link below.

Request Zoom Link

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Four-Session **Zoom Class**  
With Paul Feider

*Healing Miracles  
in  
Acts of the Apostles*

PAUL FEIDER

6:45-8:30pm EST  
April 23 & 30; May 7 & 14, 2026

Contact Tamila Hennessy at: [thennessy774@gmail.com](mailto:thennessy774@gmail.com)  
Send first & last name, cell phone number & email address.  
Paul's book is available on Amazon & other outlets.

Sponsored By:  **ACTheals**  
Working in the Healthcare Community since 1925

**You are Invited to a 4-Week Series: Healing Miracles in the Acts of the Apostles with Fr. Paul Feider- Thursdays | 6:45–8:30 PM EST  
April 23, April 30, May 7, May 14, 2026**

Join us for a free four-week series exploring the healing miracles in the Acts of the Apostles, led by Fr. Paul Feider. This series is open to all and offers an opportunity for deeper understanding, faith formation, and reflection.

For more information, please email Tamila Hennessy at [thennessy774@gmail.com](mailto:thennessy774@gmail.com). All are welcome.

[RSVP and Request Information](#)

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## Newcomer's Prayer Group

The **newcomer's monthly online group** is open to new ACTheals members, interested persons in ACTheals and members who may be interested in mentoring or just need some extra prayer time. We support each other through prayer and Christian fellowship as we engage in our various healthcare practices and/or prayer ministries. The group is led by **Beth Ford, RN** who is the leader of the Nurses Specialty Group in ACTheals. The next group online will be held on **Thursday, April 23, 2026 from 7:00pm-8:00pm EST**.

**Request the Zoom link** below by contacting Beth at [ACThealsnurses@outlook.com](mailto:ACThealsnurses@outlook.com) using the link below; please state whether you are a current ACTheals member (including your region) or whether you are a guest (interested person who wants to learn more about ACTheals). See you there!

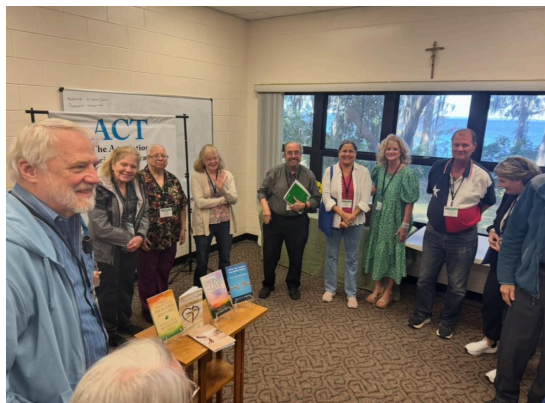
[Request the Link](#)

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## *ACTheals: Where God and Healthcare Meet*

**Vision Statement: To remain an influential Spirit-filled organization advancing Christ's healing worldwide.**

**Mission Statement: To heal and empower healing professionals to bring Christ's healing to others.**



*This is the official newsletter for ACTheals (Formerly known as the Association of Christian Therapists). Member **comments, suggestions** and **submissions** are appreciated. Submissions are*

preferred with a digital photo, or else, a prior one from our files will be used. Member names can be withheld by request. Contact Mitchell at [mpetredis@actheals.org](mailto:mpetredis@actheals.org).

**ACTheals is a Christ-centered association of healthcare professionals, clergy, religious and associates who seek to integrate healing prayer to give full expression of God's love in their professions, ministries and personal lives. Our members have been working in healthcare since 1975.**



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