



ACTheals
Working in the Healthcare Community since 1975



Monthly Newsletter

May 2026



President's Corner

Welcome to May: a season of great renewal for the earth and for people experiencing life changes. Plants are growing and blooming. It is a time for confirmations, graduations, marriages, new jobs, and new opportunities. A time of moving on and forward; a season of change. This takes a lot of courage and fortitude.

This reminds me of the scripture from John 12:24, which says: "Unless a grain of wheat falls to the ground where it was planted and dies, it remains only a single seed. But if it dies, it produces many seeds." When it opens itself to change, it flourishes beautifully with the correct fertilizer, the sun, and direction from trusted friends.

Just as a corn kernel opens in death to new life as an ear on the stalk, a graduation or new job opens a person to new experiences—college, marriage, and more. We need the Holy Spirit, given to us in Baptism and Confirmation, to help us grow gracefully.

I bless you this month with the grace and wisdom of the Spirit to strengthen you inwardly during this time of life changes—a special time of renewal and revival. May He bless you with special friends to grow with and alongside during this season.

I bless you this month with the grace and wisdom of the Holy Spirit to empower you inwardly during this time of new life. As we celebrate the sending of the Spirit at

Pentecost, may you be blessed with the gentle covering of God's love flowing over you, bringing healing and revival to your life.

As we go through this special year of revival and renewal in ACT, I bless you with a desire to listen to God's Spirit as we seek new avenues of growth. I bless us with the anointing of God to make fruitful our time of daily prayer, Sunday worship, and absorbing the Gospel message into our lives.

Kris Sendelbach, RN
Your Servant Leader

Regional News

ACTheals Canadian Conference

working in the Healthcare Community since 1975

Journeying with Pain

Less of me – more of Him

Emotional
Physical
Spiritual

DATE:

April 30 – May 3, 2026

LOCATION:

**Monastery of Mount
Carmel Spiritual Retreat
and Conference Centre
7020 Stanley Ave.,
Niagara Falls, Ontario**

Speakers:

Dr. Donna Ward M.D.

Fr. John Meehan PhD, SJ

Dr. Mary Chakkalackal M.D.

Dr. Lise Poirier-Groulx M.D.

Denise Dolff, MA Psychology

Fr. Terry McKenna (Family Tree)

Jabez was honored more than his brothers; and his mother named him Jabez, saying, "Because I bore him in pain." Jabez called on the God of Israel, saying, "Oh that you would bless me and enlarge my border, and that your hand might be with me, and that you would keep me from hurt and harm!" And God granted what he asked. 1 Chronicles 4:9-10

Gathered in the Spirit: ACTheals Canada

Annual Conference at Mount Carmel

From April 30 to May 3, our ACTheals Canada region gathered for a wonderful annual conference at the serene Monastery of Mount Carmel. It was a beautiful time of fellowship and spiritual growth!

We continue to pray for a special blessing on the conference and a powerful anointing for all our speakers. May every attendee feel the warmth of God's love and mercy as they carry the spirit of this retreat home with them.

Thank you to everyone who made this gathering so special!

ACTheals Announcements



ACTheals *(Acts 4:8-10)*
Advancing Christ Centered Healthcare – one healer at a time

Change Our Hearts

2026 INTERNATIONAL CONFERENCE
October 22-25, 2026
Kanuga Conference Center | Hendersonville, NC

*I will give you a new heart and put a new spirit in you;
I will remove from you your heart of stone and give you a heart of flesh.*
Ezekiel 36:26

PLENARY SPEAKER



Dr. John McGraw, MD

WORKSHOP PRESENTERS



Rev. John
Rice



Dr. Wendy
Hofman



Fr. Paul
Feider



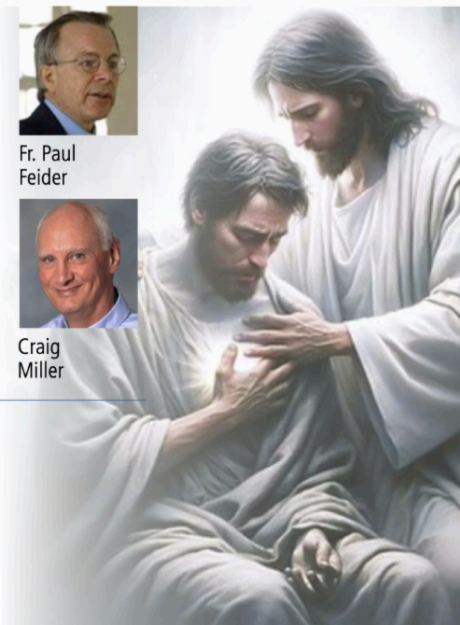
Rev. Dr. Benjamin
McEntire



Dr. Ben
Keyes



Craig
Miller



MASTER OF CEREMONIES



Dr. Charles Zeiders

CATHOLIC PRIEST



Fr. Foster Orlator

MUSICIAN



Christopher McLoughlin

Change Our Hearts: 2026 International Conference

Exciting news! Conference registration is now open, and our full list of speakers has been announced. Member registration options have been reduced through contributions. Payment plan options are available. We invite you to visit the link below to learn more and register.

[Visit Conference Page](#)

A promotional graphic for the Nurses Specialty Group. It features a background of green and white geometric shapes. On the left, there is a photograph of three healthcare professionals in blue scrubs walking in a hospital hallway. On the right, there is a red heart icon with a white cross and a yellow caduceus. The text is as follows:

*CONNECT WITH PROFESSIONALS
IN YOUR FIELD*

NURSES SPECIALTY GROUP

We encourage all nurses (students, nurses currently in practice, or retired) to join our group. Nurses shall include but not be limited to RNs (Registered Nurses), LPNs (Licensed Practical Nurses), PHNs (Public Health Nurses), Discharge Planners who are nurses, CNAs (Certified Nurse Assistants), HHAs (Home Health Aides), and PCAs (personal care assistants).

**FIND COMMUNITY WITHIN
YOUR PROFESSION:**
actheals.org/specialty-groups/

National Nurses Day

This month on May 6 is National Nurses Day. We give thanks for the nurses who serve with skill, compassion, and steady presence.

So many of you carry a Spirit-led calling into demanding clinical spaces, offering care that reaches the whole person: body, mind, soul, and spirit.

If you are a nurse (student, practicing, retired, educator, administrator, advanced practice, and every role in between), we would love to welcome you into our ACTheals Nurses Specialty Group. It is a place to connect with fellow Christian nurses, grow in Christ-centered healing prayer, and strengthen one another for the work.



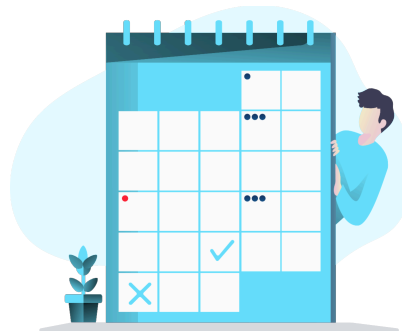
Mental Health Awareness Month

May is Mental Health Awareness Month.

For many of us in healthcare, caring for others can quietly come with compassion fatigue, burnout, grief, and stress that we do not always name.

At ACTheals, we believe Christ's healing reaches the whole person: body, mind, soul, and spirit. We are learning together how to bring professional excellence and Spirit-led compassion into our work, while also receiving the care and community we need.

If you are carrying a heavy load, you are not alone.



Monthly Event Submission Form

Do you have an event coming up that you would like to advertise on the monthly newsletter and our social media? Please fill out our recently updated Monthly Event Submission Form! **To guarantee your event will be posted, please fill out the form at least 2 weeks prior to your event.**

[ACTheals Monthly Event Submission Form](#)

Welcome New and Rejoining Members!

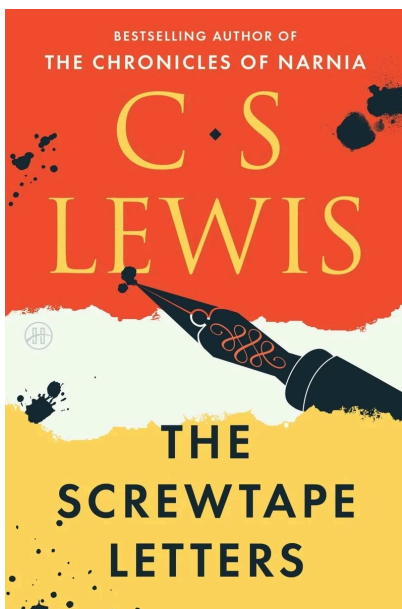
We are delighted to welcome new and/or rejoining ACTheals members:

Mrs. Carol-Anne

Your presence enriches us, and we look forward to growing together in faith, sharing in healing experiences, and celebrating God's work in our lives. May you find encouragement, friendship, and spiritual growth as part of our ACTheals family.



Upcoming Regional Events



LA/Pacific Region Monthly Prayer Group Sunday, May 31 | 6:00–7:30 PM PT

The LA/Pacific Region is offering a monthly SEW Group engaging our members in a reflective discussion on C.S. Lewis's book "The Screwtape Letters." As an invitation to consider one's spiritual growth, members are asked to read Letters 7 - 9 as a theological reflection on the human condition. Each person is encouraged to comment on how subtle forces challenge and influence one's personal faith journey answering the question, "How is Christ and his teachings calling me to a deeper relationship of union with God?" What are the obstacles? What are the graces? The SEW group will conclude with a time for praise, worship and intercessory prayer. Each member is encouraged to keep a journal for their own prayer

time reflecting on how Lewis's material stirs one's interior life in an attitude of listening and responding to God in silence and solitude.

For the Zoom link, email Bernadette St. James at nbstjames@gmail.com, the LA/Pacific Regional Coordinator by using the link below.

[Request Zoom Link](#)

LA/Pacific Region Whole Person Healing Thursday, May 22 | 4:00 PM PT

Current research is increasingly clear that mental health, social connection, and physical health are inseparable. Inspired by St. Basil the Great's concept of the Basiliad—an early Christian community dedicated to caring for the sick, poor, and marginalized—the Church is called to renew its mission. During this month of Mental Health Awareness, you are invited to renew your calling to become healers as Christ has called you to heal. "The main question is not 'How can we hide our wounds?'...

but 'How can we enter into the inner court of our own existence and be able to deal creatively with the anxieties of the world putting our woundedness in the service of others?' -Henri Nouwen, Reaching Out (1975).

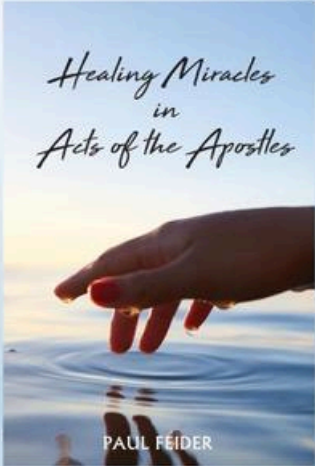
This workshop will respond to the mental health crisis by discussing the strengths and challenges of providing whole person healing in our clinical practices, ministries, or caretaking roles. RSVP by Tuesday May 20th to Bernadette St. James at nbstjames@gmail.com



[Request Zoom Link](#)

Four-Session **Zoom Class**
With Paul Feider


*Healing Miracles
in
Acts of the Apostles*



PAUL FEIDER

6:45-8:30pm EST
April 23 & 30; May 7 & 14 , 2026

Contact Tamila Hennessy at: thennessy774@gmail.com
Send first & last name, cell phone number & email address.
Paul's book is available on Amazon & other outlets.

Sponsored By: 

**4-Week Series: Healing Miracles in the Acts of the Apostles
With Fr. Paul Feider- Thursdays | 6:45-8:30 PM EST
April 23, April 30, May 7, May 14, 2026**

Join us for a free four-week series exploring the healing miracles in the Acts of the Apostles, led by Fr. Paul Feider. This series is open to all and offers an opportunity for deeper understanding, faith formation, and reflection.

For more information, please email Tamila Hennessy at thennessy774@gmail.com.

RSVP and Request Information

Newcomer's Prayer Group

The **newcomer's monthly online group** is open to new ACTheals members, interested persons in ACTheals and members who may be interested in mentoring or just need some extra prayer time. We support each other through prayer and Christian fellowship as we engage in our various healthcare practices and/or prayer ministries. The group is led by **Beth Ford, RN** who is the leader of the Nurses Specialty Group in ACTheals. The next group online will be held on **Thursday, May 28, 2026 from 7:00pm-8:00pm EST.**

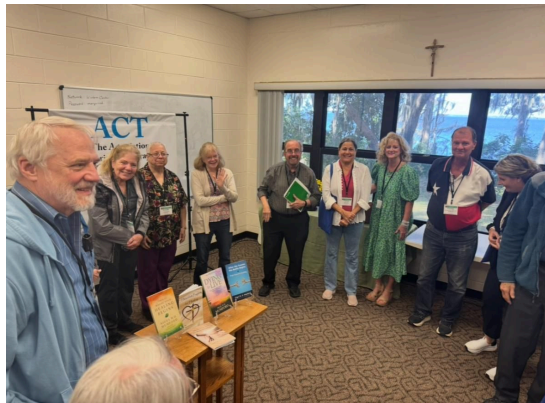
Request the Zoom link below by contacting Beth using the link below; please state whether you are a current ACTheals member (including your region) or whether you are a guest (interested person who wants to learn more about ACTheals). See you there!

Request the Link

ACTheals: Where God and Healthcare Meet


Vision Statement: To remain an influential Spirit-filled organization advancing Christ's healing worldwide.

Mission Statement: To heal and empower healing professionals to bring Christ's healing to others.



*This is the official newsletter for ACTheals (Formerly known as the Association of Christian Therapists). Member **comments, suggestions** and **submissions** are appreciated. Submissions are preferred with a digital photo, or else, a prior one from our files will be used. Member names can be withheld by request. Contact Mitchell at mpetredis@actheals.org*

ACTheals is a Christ-centered association of healthcare professionals, clergy, religious and associates who seek to integrate healing prayer to give full expression of God's love in their professions, ministries and personal lives. Our members have been working in healthcare since 1975.

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